Water Activity Day Guide

Paddle, Sip & Unwind

SUTTON NEST

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Overview

Day Itinerary: Paddle, Sip & Unwind

Discover a perfect day trip from **Sutton Nest** with this scenic itinerary that blends nature, relaxation, and local charm. The highlight of your day is a peaceful kayak descent on the **Missisquoi River**, surrounded by stunning mountain views and forest tranquility - an unforgettable experience for all levels.

🏡 8:30 AM - Start at Sutton Nest

Wake up to the peaceful mountain air and get ready for a refreshing day on the river. Pack **water**, **sunscreen**, a **towel**, and **clothes** that can get wet. Don’t forget your **camera -** today will be photo-worthy!

☕ 9:00 AM - Morning Fuel – Café Yamabiko

Grab a handcrafted **coffee** and a fresh **pastry** at this beloved local café just minutes from **Sutton Nest**. It's the perfect way to start your day.

🚗 Drive to River Centre Eau Diable Vert (Approx. 25 min.)

Enjoy a scenic drive through the Eastern Townships countryside to **River Centre Eau Diable Vert**.

🚣 10:00 AM - Main Activity – Kayaking the Missisquoi River

Experience the magic of paddling down the clear, winding **Missisquoi River**. Surrounded by lush forest and mountain views, this gentle kayak or canoe trip is suitable for all levels. You'll drift past beaver dams, sandy banks, and peaceful open stretches - pure relaxation in nature.

📌 We recommend booking your spot in advance during peak season.

🍇 1:30 PM - Afternoon Stop – Château Ste-Agnès

After the river adventure, head to **Château Ste-Agnès**, a breathtaking vineyard with terraced vines and historic stone buildings. Treat yourself to a wine tasting and a leisurely stroll around the estate - perfect for drying off and winding down.

🍽️ 3:30 PM - Early Evening – Auberge Sutton Brouërie

Wrap up your adventure with a delicious farm-inspired meal in the heart of Sutton at **Auberge Sutton Brouërie**. This welcoming bistro offers artisanal dishes like beef tartare, braised pork cheeks - and more - alongside house-brewed beers and ciders in a cozy atmosphere. Whether you want a full dinner or a comforting late lunch, it provides a perfect, food-focused finish to your day.

🛏️ 4:00 PM – Return to Sutton Nest

Head back to your retreat for a relaxing evening - maybe a soak in the spa, a quiet moment on the deck, or an early evening under the stars.

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Enjoy your adventure!

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