

Gourmet & Nature Day



Sutton Gourmet & Nature Day





Overview



A Perfect Day of Flavors & Fresh Air in the Sutton Region

Discover the best of **Sutton** and its surroundings with this curated one-day itinerary that blends local gourmet experiences with gentle outdoor adventures.

9:00 AM – Breakfast at Le Pleasant Hôtel & Café

- **Menu:** Creative Mediterranean cuisine inspired by local ingredients.
- **Note:** Breakfast is served from Wednesday to Sunday.

10:15 AM – Walk at Parc Godue

- **Location:** A few minutes' walk from downtown Sutton.
- **Walk duration:** ~30 mins loop.
- **Walk:** Forest path with interpretive signs, wooden bridges, and birdwatching opportunities.
- **Why it fits:** A peaceful, shaded stroll to digest breakfast and connect with nature.



12:00 PM – Lunch at Marina Knowlton (Restaurant)

- **Drive:** ~25 minutes from Sutton
- **Menu:** Upscale bistro fare with a focus on fresh, local ingredients. Great fish, salads, and wines.
- **Terrace:** Dine with a view of Brome Lake and the sailboats.



1:30 PM – Walk the Brome Lake Bicycle/Walking Path

- **Walk duration:** 30–45 minutes round trip
- **Trail:** Flat, shaded, and lakeside - perfect for walking off lunch.
- **Access:** Plenty of parking and benches along the way.

3:30 PM – Wine Tasting at Vignoble Domaine Bresee

- **Drive:** ~20 minutes from Brome Lake
- **Tasting:** Local red and rosé wines on a scenic terrace.
- **Food:** Charcuterie boards or cheese plates often available.
- **Note:** Arrive by 3:30 PM to enjoy before they close at 5:00 PM.

5:30 PM – Dinner at Auberge Sutton Brouërie

- **Drive:** 10 minutes back into Sutton
- **Menu:** Cuisine is inspired by local produce and flavors from around the world
- **Beers:** Exceptionally characterful 100% Brett beers



Evening – Return to Sutton Nest for a relaxing soak under the stars

End the day in your hot tub or on the deck, sipping wine and enjoying the quiet.

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Enjoy your
adventure!

